

REAL FC LTD CORONAVIRUS (COVID-19) PROTECTIVE MEASURES

Real FC Ltd anticipates returning our after-school sessions in September 2020. We are hoping that by this time as a result of the huge efforts people would have made to adhere to the strict social distancing measures, the transmission rate of Covid-19 would have very much decreased. As a result we are looking to plan ahead on this basis and outline some adaptations to our structure and how we run our sessions to support the work within the setting. We do realise how important these sessions are to the children, it is vital for their mental wellbeing to have social interactions with their peers and coaches along with the physical exercise being essential. The later pick up time, also supports parents and families who are returning to work.

EFFECTIVE INFECTION PROTECTION AND CONTROL

In all education, childcare and social care settings, preventing the spread of Covid-19 involves dealing with direct transmission (for instance, when in close contact with those sneezing and coughing) and indirect transmission (via touching contaminated surfaces). We aim to implement an approach that creates an inherently safer environment where the risk of transmission is, substantially reduced even further. We aim to do this by using the following measures:

- Minimise contact with individuals who are unwell by ensuring those who have any symptoms do not attend sessions, including staff, that are monitored daily.
- Adaptations to changing procedure to enable social distancing measures to take place along with how we escort children to and from the school, to the field and location of session.
- Ensuring the session continues to take place outside in an open-air environment.
- Ensuring good respiratory hygiene by promoting the 'catch it, bin it, kill it' approach and promoting this to the children. Whilst at the outdoor field with no access to running water and soap we will promote the use of hand sanitizer that Real FC will ensure is on site at all sessions and is easily accessible.
- With hand sanitizer accessible to all children we will ensure this is used before and after the session along with at any stage required throughout.
- Children are repeatedly encouraged not to touch their mouth, eyes and nose.
- Children will not handle footballs and equipment – coaches will promote only using their feet throughout the session.
- Football 'bibs' will be washed before and after sessions.
- Sessions will be adapted, not to eradicate due to the nature of the sport, but certainly minimize contact throughout the period they are with the coaches.
- We request all parents and carers are very mindful at collection times where each group will be brought towards collection point separately. Here we ask parents to be mindful and set an example to the children with their social distancing measures and awareness.
- As always, we will work very closely with the school in monitoring progress and any measures they wish to have altered and implemented. We would also look to re-enforce any measures or habits put in place by the school to all pupils.

PERSONAL PROTECTIVE EQUIPMENT (PPE) INCLUDING FACE COVERINGS AND FACE MASKS

Wearing a face covering or facemask at our sessions is not recommended. Face coverings may be beneficial for short periods indoors where there is a risk of close social contact with people you do not usually meet and where social distancing and other measures cannot be maintained.

Our setting does not require staff, and children to wear face coverings. Changing habits and adapting our sessions, cleaning and hygiene are effective measures in controlling the spread of the virus. Face coverings or

any form of medical mask should not be worn in any circumstance by those who may not be able to handle them as directed (for example, young children) as it may inadvertently increase the risk of transmission and encourage them to touch their faces.

SHIELDED AND CLINICALLY VULNERABLE CHILDREN AND YOUNG PEOPLE

For the vast majority of children and young people, Covid-19 is a mild illness. Children and young people (0 to 18 years of age) who have been classed as clinically extremely vulnerable due to pre-existing medical conditions have been advised to shield. We do not expect these children to be attending our sessions.

If you would like any further information about anything on this page, please contact:
Managing Director - T: 07970 634324 E: info@realfc.co.uk